



BUDAPEST BRITISH INTERNATIONAL ACADEMY ANTI-BULLYING POLICY

Introduction

- At Budapest British International Academy, we are committed to safeguarding and promoting the welfare of all by providing a caring and friendly environment so that pupils can learn in a relaxed and secure atmosphere.
- Bullying of any kind is unacceptable behaviour at our international school.
- If bullying does occur, all pupils should
- be confident to approach any member of staff and
- know that incidents will be dealt with promptly and effectively.

Relevant Aims

- To sustain a friendly, safe and dynamic environment that stimulates and encourages the love of learning and motivation.
- To develop strong, home-school interaction and together improve the quality of learning.
- To help the children develop a sense of right and wrong as the foundation for relationships, alongside consideration of the rights, feelings, and well-being of all others.

Anti-Bullying Policy

Bullying is highly damaging. It is serious and may cause psychological and/or physical damage. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who exhibit bullying need to learn different ways of behaving.

Our definition of bullying is persistent long-term oppression by one child, or a group of children, against another child in the form of physical or psychological pressure, with the intention of hurting another pupil or group physically or emotionally.

Bullying can include:

- Verbal: Name-calling, sarcasm, spreading rumours, teasing.
- Racist: Racial taunts, graffiti, gestures.
- Emotional: Being hostile, excluding, and tormenting.
- Homophobic: Focusing on the issue of sexuality.



- Religious: Religious taunts, lack of respect for someone's faith or beliefs, or lack thereof.
- Cultural: Involving taunts, teasing, or exclusion due to cultural differences.
- SEN: Incorporating any excluding, taunting or teasing because of educational or physical differences.
- Physical: Pushing, kicking, hitting, punching, pinching, or any use of violence including:
Sexual: Unwanted physical contact or sexually abusive comments.
- Electronic: By way of social media, email or internet chat rooms, including:
GSM use: Threats by calls, text messages, possibly involving photos or video.

Budapest British International Academy is continually raising awareness of staff through appropriate meetings, so that: the principles of the school policy are understood, legal responsibilities are known, action is defined to resolve and prevent problems, and sources of support are available; understanding the needs of their pupils, including those with special educational needs or disabilities.

In addition, Budapest British International Academy's competences curriculum seeks to promote kindness, communication, cooperation, and friendship, and includes lessons and activities stressing empathy, anger management, and conflict resolution skills.

All pupils should be aware that:

- Individuals have the right to freedom from hurtful personal comments / behaviour; the right to make individual choices; the right to be treated respectfully by others regardless of their gender or ethnicity.
- Bullying is wrong, and it is unacceptable behaviour in our school.
- If bullying is reported, it will be taken seriously.
- Bullying will not be tolerated.
- All pupils have a voice and they do not have to be bullied into doing something that they do not want to do.



- Pupils can report any incidents of bullying to any adult, counsellor / teacher in school, secure in the knowledge that they will be listened to and appropriate action taken in accordance to this policy and the positive behaviour management policy.

All Staff members should:

- Be fully aware of the anti-bullying policy and implement it fairly.
- Use a range of methods to help prevent bullying and to establish a climate of trust and respect for all. These can include assemblies, drama, role-play, stories, etc. within the formal curriculum to help pupils understand the feelings of bullied children, and to practise the restraint required to avoid lapsing into bullying behaviour. Circle time, Reward Systems, such as 'Caught Doing Something Good' and Celebration Assemblies are used to praise, reward and celebrate the success of all children, and thus help create a positive atmosphere within the class and school environment.
- Encourage children to respect and appreciate diversity and the individual.
- Identify any incidents of bullying and record them in the file at the school reception desk.
- Deal with any bullying issue immediately as a class teacher (or report the matter to the class teacher.) This may involve counselling and support. If possible, the pupils in question will be reconciled.
- Ensure that details of the incident are recorded in the behaviour log.
- Monitor each case and consult the behaviour log to look for any recurrence or pattern, to ensure that repeated bullying does not take place.
- Inform the Principal to ensure that he/she is kept informed on all issues.

The Class Teacher or Principal will:

- Inform parents and if considered necessary, invite them to come to school to discuss the situation.
- Consider external guidance on behaviour management, which may be recommended if other strategies have failed.



Procedures:

- Depending on the type of behaviour the child is demonstrating, establish a Behaviour Monitoring contract.
- In serious cases, suspension or even exclusion will be considered.

Parents who are concerned that their child might be bullied, or who suspect that their child may be the perpetrator of bullying, should contact their child's class teacher immediately, who will also inform the principal. If the parent is not satisfied with the response, they should contact the Board of Governors via the complaints policy. Parents have the responsibility to support the school's bullying policy, actively encouraging their child to be a positive and active member of the school.

Budapest, June 2025

Date to be reviewed: June 2027 or as required

